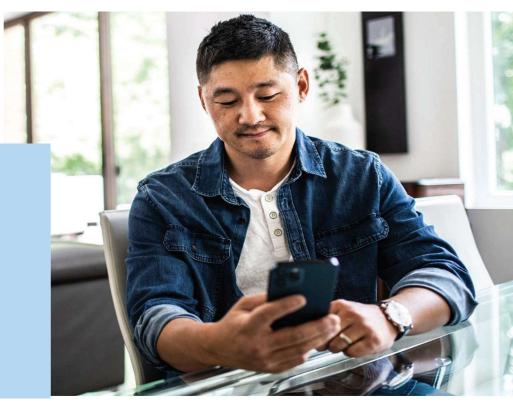
Connect with a therapist from the privacy of your home.



# Your EAP offers access to counseling when you need it.







## Requesting a video visit is EASY to do.

Here's what you need to do.



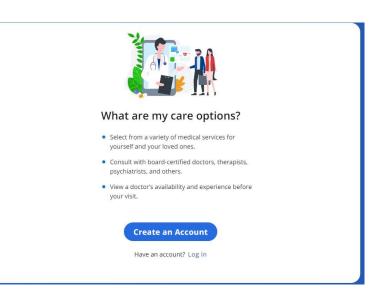
Call the EAP at 800-865-1044. Request video counseling visits using LiveHealth Online.

					1
1		1			

Check your email for a secure message from the EAP with instructions on how to register and a special coupon code to zero out the fee for your 3 no cost video visits.

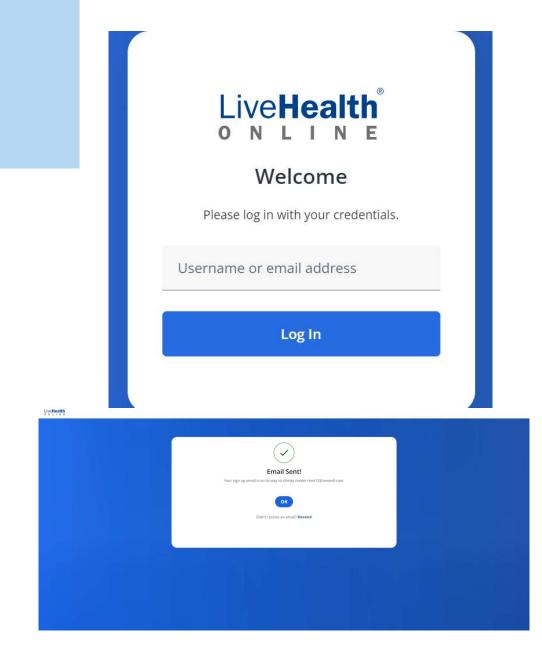


Use the link or QR code provided in the EAP email to access and create an account for LiveHealth Online.



#### Create a new account.

- The member will be asked to provide an email address that will be used as their username on the account.
- Email is then confirmed. A sign-up email is then sent to the member.





#### Welcome!

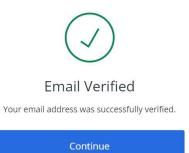
Please verify your email address to confirm your account.

Verify Email Address

Thank you, LiveHealth Online

You're receiving this email because you have an account with LiveHealth Online. If you need further assistance, please contact us at 1-888-LiveHealth (1-888-548-3432).

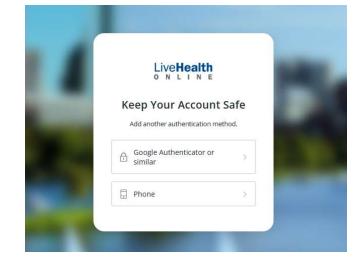
- The member will receive an "Invitation to LiveHealth Online " email. They will click on Accept Invitation.
- The customer will then be taken to the "Sign Up" screen. The email address already shared will be their username. They are then asked to create the password for their account.

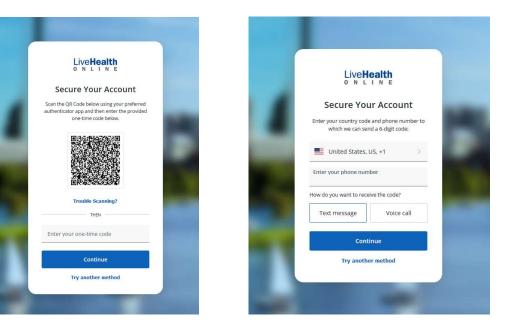




The next step is authentication, there is an option to either use the Google Authenticator or by phone.

- Google Authenticator: Scan the QR code and then enter the provided one time code.
- Phone: A 6-digit code will be sent to the phone number provided.
- Accept terms of use.





The member is then taken to the "About You" page where they are asked to provide info to finalize their account. First name, last name, DOB, Insurance Info, etc.

Insurance Select your insurance plan to see if your visit costs are r	reduced. Learn more
Insurance company	*
Continue Skip	

fealth 1 s c			
	About You Before we ask about your symptoms, we'd like to know more abou	if you	
	All fields are required unless listed as optional.	a jao	
	About Me		
	Legal first name		
	Legal last name		
	Gender (Optional)	~	
	Birth Sex 🗸	<u> </u> 0	
	Date of Birth Enter date as MM/DD/YYYY	8	
	My Contact mi · <sup>Phone Number (Optimul)</sup> +1		
	Home Address (Optional)		
	Apt, Sulte, Unit, Building (Optional)		
	City (Optional) State (Optional)		
	tagree to these <u>Terms of Use</u> If the dividian assigns insurance, you may be asked to provide your gran details nee  Continue	a.	

If you're experiencing technical issues, call 1-885-Divenealth (1-885-545-545

The account is now created, and the member is taken to their home page where they can set up a new visit.



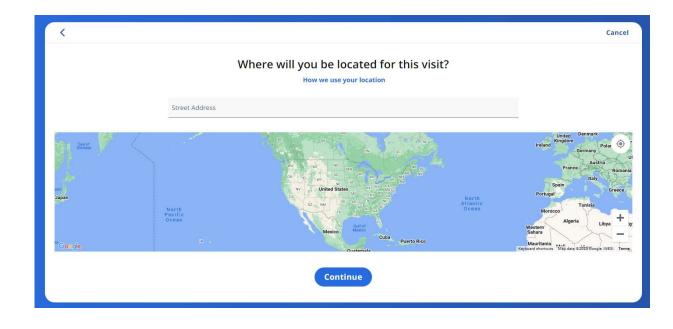
#### Let's get started, Michele!

To request care for Michele, tap the button below.



#### Setting up the visit

	Cancel
Who is this visit for? We'll match them with the right type of clini	cian.
Me Michele	0
+ Add Child	
Continue	



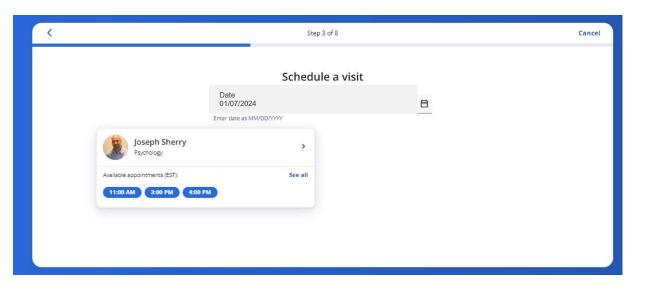
<			Cancel
	Care Ca	ategory	
	What type of care of	do you need today?	
	Mental Health Schedule a video visit with a licensed therapist or psychologist for talk therapy, or a board-certified psychiatrist for medication management.	Urgent Care Board-certified doctors are available 24/7 to assess your symptoms and provide a treatment plan, including prescriptions to your pharmacy, if needed.	



<			Cancel
	Visit	Туре	
	What type of vis	sit do you need?	
	Initial	Follow Up	
	Select this option if you are having a visit in this practice for the first time.	If you are a returning patient to this practice, select this option.	

<	Step 1 of 8		Cancel
	Reason for This Visit Briefly describe why you're here today.		
	Add details for the provider	4	
	Add a photo (optional) Photos may help the provider build a more effective treatment plan. Please only share photos related to the reason for the visit.	0	
	C Tap here to upload files		
	Continue		

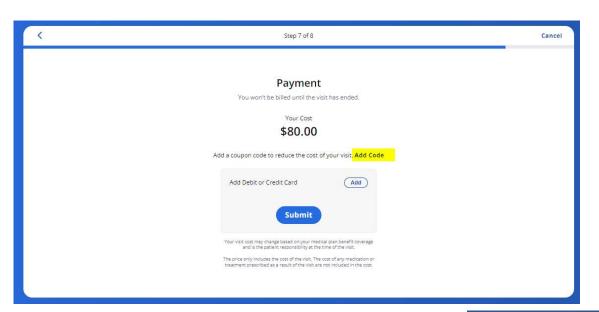
<	Step 2 of 8	Cancel
	Additional Questions	
	Additional Questions Please answer the following questions to give your clinician additional insight	
	Please list an Emergency Contact Name	
	Please list an Emergency Contact Phone Number	
	Answering on the questions is not required, you can go to the next step	
	Continue	

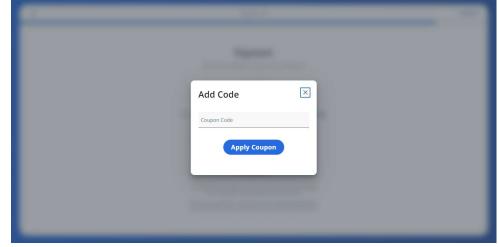


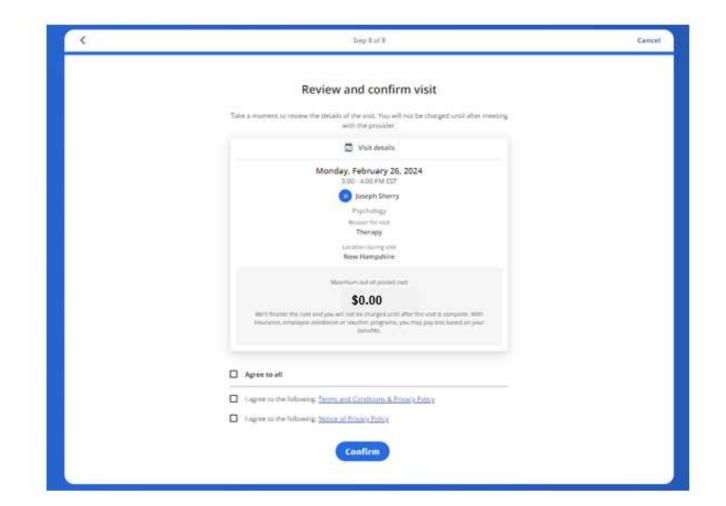
Step 4 of 8	Cancel
Insurance Select your insurance plan to see if your visit costs are reduced. Learn more	
	×
Continue	
Skip	
	Insurance Select your insurance plan to see if your visit costs are reduced, Learn more Insurance company

Confirm contact infor	mation	
When it's time, we'll send you an email and text message	r with a link to join the visit	
Mobile Number		
603-000-0000	frait	
Email Address		
michele@anthem.net	Edit	
By giving your mobile number, you agree to automated calls and teo viaits, test results, healthcare, account and insurance, and agree to Standard message and data rates apply. Message frequency varies	the Terms of Use and Privacy Policy	
Continue		

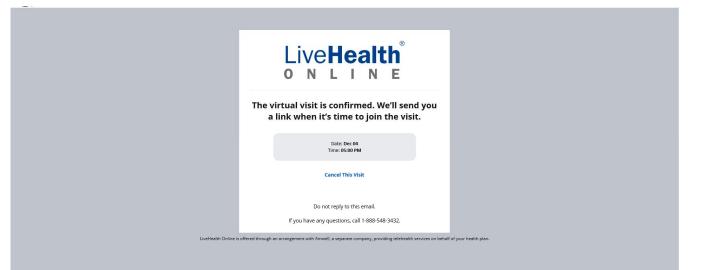
<	Step 6 of 8	Cancel
	Health Details	
	Are you taking any medications?	
	Yes No	
	Are you allergic to any medications?	
	Yes No	
	Any known medical conditions?	
	Yes No	
	Continue	
	continue	

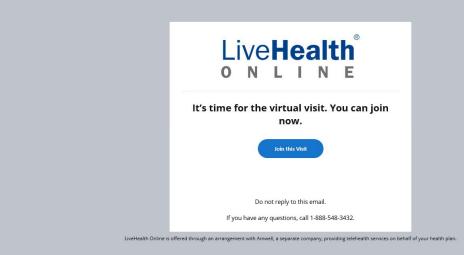






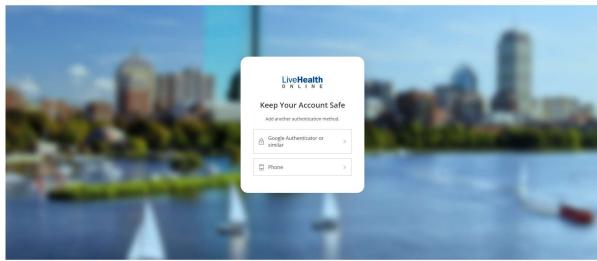
#### Confirmation email and text are sent to the member.





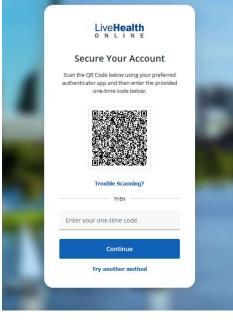
#### Authentication

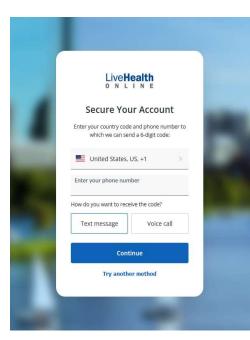
LiveHealth



For support call 888-548-3432

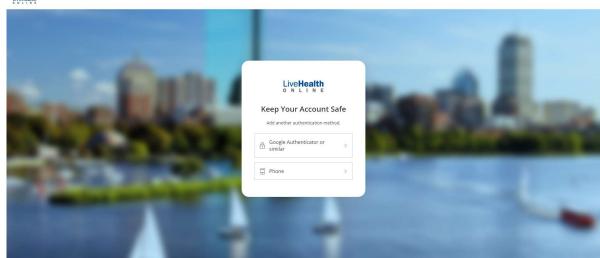
Sign Up | Privacy Policy | Terms of Use





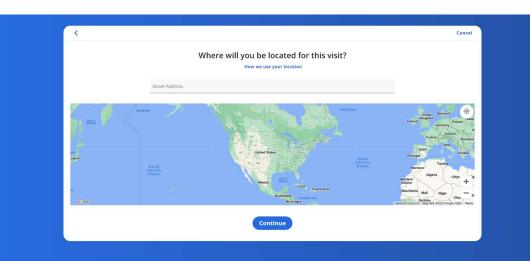
### Authentication and confirm location

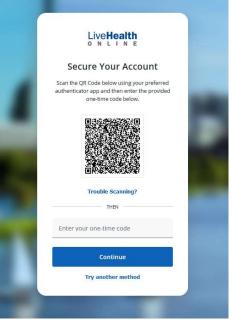


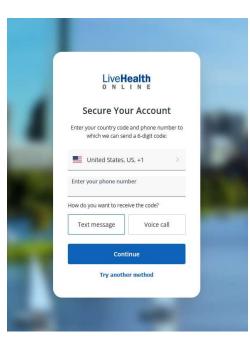


For support call 888-548-3432

Sign Up | Privacy Policy | Terms of Use



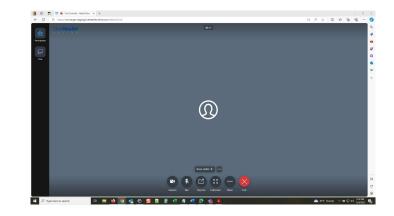


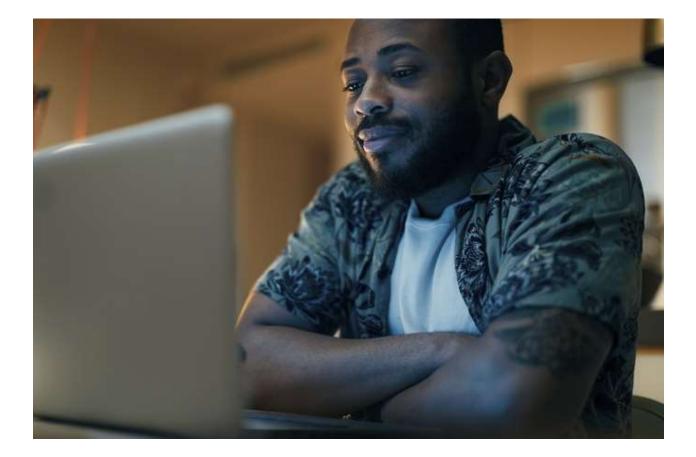


### Authentication and confirm location

Additional Questions	
Please answer the following questions to give your clinician additional insight	
Before we get started, please accept our Terms of Use and Privacy Policy	
Accept	
We will connect you with your provider soon!	
we will contract you with your provider soon:	
Before we do, we would like you to ask you some questions to learn how you're feeling.	
Tell me more	
You and your provider will review your results together and use them to help with your treatment.	
It should just take a few minutes.	
Would you like to answer those questions now?	
Yes No	
Continue	

#### Session begins





### Following the therapy visit

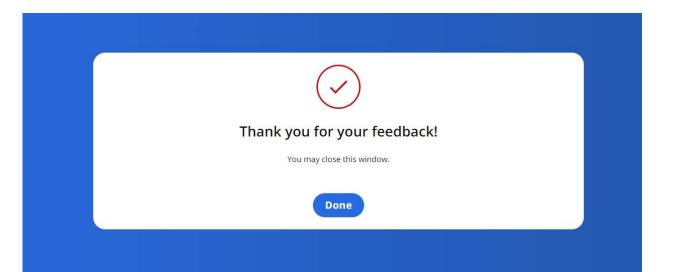
1. How was the audio and video quality?
ı <i>b ק</i> ı
 2. How would you rate your clinician?
3. How would you rate your overall experience?
4. Where else might you have gone?
5. Would you recommend us?

2.	How would you rate your clinician?
	$\Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow$
	3. How would you rate your overall experience?
	4. Where else might you have gone?
	5. Would you recommend us?

3. How would you rate your overall experience?
4. Where else might you have gone?
5. Would you recommend us?

4. Where else might you have gone?	
Emergency room Urgent Care Center Retail Health Clinic Doctor's Office Nowhere	
5. Would you recommend us?	

### Following the therapy visit



The "Go to Message" will take the customer back to their account, from there they are able to go to their menu and select Care History to see their visit summary.



### Care history is available for the member's review

	Care history	
Filters		
Patient 🔫	Provider 👻 Document Type 👻 🛅	
	5) - 272 - 27	
	IS DOCUMENTS marked as PDF will open in a new browser tab.	
	marked as PDF will open in a new browser tab.	
Visit summaries	marked as PDF will open in a new browser tab. Sit	

	Visit Summary	
-	California California	
Vis	At a Glance at with Ross Goller MD, Family produce < 4, 2023 at 62-57 fed Col men for Visit: Tau	
	Patient	
Dat Get Loc	mer VVONE VXLVERSC te of Birth: 15/05/2008   Age: 23 https://www.sector.com/ cettor.formation Sector.formation Material Value Same Pi New, Mandshigton, Dr. 20086, Un bile Number: +1 220-516-9722	
۵	Clinician	
	met Ross Geller schäfte Tamily practice	
-	Visit Details	
Visi Tig Par Par Clin Sar	re and Terrer Dec 6, 2023 an 02:17 PM EDT In Length: Finite en f Whit: White terre Device: Mobile ticipant: Sons Geller ent W.PT We Une Lingert Care for Medicale-DC Victor Rating	
80	Intake Questions	
Read	non for visit: Tau	
B	Notes	
Cir par Cir Fie	name Information : inter has settled poment incentor and identification. If patient is a minor, wridparties and patient are both present. musclastion Video []Phone []Video ferred Name	

<

## A few things to keep in mind...

- Video visits are not appropriate for all issues. The EAP Representative will let you know if your issue qualifies for LHO EAP.
- EAP counselors do not prescribe medication.
- You must enter the EAP coupon code to zero out the fee for your LHO visit.
- You may use your computer, a smartphone or tablet for your visit provided audio/visual is available. Be sure to test your device prior to your first appointment.
- Members must be at least 10 years old to participate in LHO visits.
- When the 3 EAP video visits are completed, you may continue to see the same provider using LHO Psychology under your medical plan if you have coverage. Deductibles and copays will apply.
- You will receive a reminder email prior to your visit.

#### Why consider LiveHealth Online video visits?

- You won't have to sit in a provider's office waiting to be seen.
- Chances are you'll be seen sooner that waiting for a face-to-face office visit.
- There is no need to travel during inclement weather and you'll save on travel time too.
- You can be seen for your visit in the comfort of your own home or anywhere there is intranet and privacy.
- It's easy and convenient!



#### Call Anthem EAP at 800-865-1044.



Appointments subject to the availability of a therapist. Online counseling is not appropriate for all kinds of problems. If you are in crisis or having suicidal thoughts, it's important that you seek help immediately. Please call the National Suicide Prevention Lifeline, 800-273-TALK (800-273-8255), or 911 for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

This document is for general informational purposes. Check with your employer for specific information about benefits, limitations, and exclusions.

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